

NONOFFENDING CAREGIVER SUPPORT GROUP

FACILITATED BY MARILYN HOLMES, LCPC, ATR-BC

We are excited to invite you to our upcoming Nonoffending Caregiver Support Group, where we aim to make a significant difference in the lives of families who need it the most.

EVENT HIGHLIGHTS

The purpose of the group is to support parents and caregivers to:

- Understand and process their own response to the sexual trauma
- Manage the strong emotions or painful memories if they were abused
- Develop a support network with other families who have experienced sexual abuse.
- Have a safe environment where they can ask questions, share feelings, and feel understood.
- Gain access to resources and education
- Understand the dynamics of childhood sexual abuse
- Learn how to reduce the risk of abuse in the future.
- Process feelings of guilt and shame



kerengendefoundation.org







6 PM - 7:30 PM CT

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JANUARY

BI-WEEKLY

6607 W. Main St. Belleville, IL 62223